Monday

Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Optional Early Drop Off Structured games and activities	
9.30am - 9.45am	Registration and Introduction	
9.45am - 10.30am		
10.30am - 11.15am		
11.15am - 11.30am	15 minute break	
11.30am - 12.30pm		
12.30pm - 1.30pm	Lunch time	
1.30pm - 2.30pm		
2.30pm - 2.45pm	15 minute break	
2.45pm - 3.45pm		
3.45pm - 4pm	Presentation	
4pm	Sign Out	

Aspire

Multi Sports Academy

Fancy Tuesday Dress Tuesday

Multi Sports Academy

Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Optional Early Drop Off Structured games and activities	
9.30am - 9.45am	Registration and Introduction	
9.45am - 10.30am		
10.30am - 11.15am		
11.15am - 11.30am	15 minute break	
11.30am - 12.30pm		
12.30pm - 1.30pm	Lunch time	
1.30pm - 2.30pm		
2.30pm - 2.45pm	15 minute break	
2.45pm - 3.45pm		
3.45pm - 4pm	Presentation	
4pm	Sign Out	





Wednesday

Multi Sports Academy

Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Optional Early Drop Off Structured games and activities	
9.30am - 9.45am	Registration and Introduction	
9.45am - 10.30am		
10.30am - 11.15am		
11.15am - 11.30am	15 minute break	
11.30am - 12.30pm		
12.30pm - 1.30pm	Lunch time	
1.30pm - 2.30pm		
2.30pm - 2.45pm	15 minute break	
2.45pm - 3.45pm		
3.45pm - 4pm	Presentation	
4pm	Sign Out	





Thursday

Multi Sports Academy

Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Optional Early Drop Off Structured games and activities	
9.30am - 9.45am	Registration and Introduction	
9.45am - 10.30am		
10.30am - 11.15am		
11.15am - 11.30am	15 minute break	
11.30am - 12.30pm		
12.30pm - 1.30pm	Lunch time	
1.30pm - 2.30pm		
2.30pm - 2.45pm	15 minute break	
2.45pm - 3.45pm		
3.45pm - 4pm	Presentation	
4pm	Sign Out	





Friday

Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Optional Early Drop Off Structured games and activities	
9.30am - 9.45am	Registration and Introduction	
9.45am - 10.30am		
10.30am - 11.15am		
11.15am - 11.30am	15 minute break	
11.30am - 12.30pm		
12.30pm - 1.30pm	Lunch time	
1.30pm - 2.30pm		
2.30pm - 2.45pm	15 minute break	
2.45pm - 3.45pm		
3.45pm - 4pm	Presentation	
4pm	Sign Out	

Aspire

Multi Sports Academy